

Lettuce & Paneer Salad in Sesame Dressing

Makes- 2 Cups

Ingredients

For the Salad:

- ¼ cup cottage cheese, cubed
- 1 cup lettuce leaves, torn into pieces
- ½ cup coloured bell peppers, cubed
- ¼ tomato cubes

For the Sesame Dressing (makes 1 ½ cup. Serving size:2 tablespoons):

- ¼ cup of orange juice
- 3 Tbsp. of olive oil
- 3 tbsp sesame oil
- 3 tbsp soy sauce
- 2 tbsp white vinegar
- 2 tbsp honey
- 1 small clove garlic
- 1 tablespoon sesame seeds

Recipe

For Salad:

- Mix all the ingredients and keep aside in a bowl.

For Dressing:

- To make dressing, mix the ingredients and refrigerate it for a few hours.
- Drizzle dressing on top of the salad and serve immediately.